Abstract—Preliminary experiment design and research goals are presented to measure the security implications of using just-in-time (JIT) compilation in conjunction with hardware-enforced restrictions on the computational complexity of general purpose applications. LLVM passes are used during compilation to mark sub-components of an application if they are provably halting (Walter recursive). A modified JIT engine is under development to unroll loops based on run-time semantics, while Intel’s Processor Tracing technology is used to enforce those execution bounds. This paper describes an ongoing effort to improve security through the realization and enforcement of restricted computational environments. As an example, an analysis of the impact on the attacker when return-oriented programming is limited to unidirectional execution highlights one such computationally-derived security benefit of this work.

Keywords—Walther recursion, programming languages, parsing, LLVM, language-theoretic security, LangSec, processor-tracing, just-in-time compilation.

I. INTRODUCTION

To reduce the risk of software exploitation, Language-theoretic security (LangSec) provides two fundamental explanations of why exploits, or “weird machines” [1] crop up: ad hoc parsing of attacker-controlled data interleaving syntactic and semantic analyses, and overly-powerful programming/run-time environments. This work aims to bring a LangSec-inspired reduction of the computational “privilege” present in most current environments to bear with minimal overhaul of the development process.

If programs can be limited in their complexity and power, reference monitors and formal verification can improve the security when exposed to attacker-controlled input. In previous works [2], [3], the authors have shown both empirical evidence of the improvement of verification as well as the broad applicability of such restricted computational environments. Presented herein is the design and initial evaluation of a system that can automatically provide hardware-enforcement of termination for program components identified to execute in a sub-Turing Complete space.

A. Contributions

In [2], the sub-Turing complete programming language Crema was shown to ease verification and ensured programmers better provided their intent into implementation, reducing the risk of certain classes of attack [4]. [5]. Moka [3] determined that these programming design patterns are broadly applicable to general purpose programming, and what classes of software modules require more computational power than others. This paper describes Ristretto, a compiler and run-time tool-chain that automatically restricts large portions of program code into a provably-halting environment even with a powerful attacker model exemplified, but not limited to, return-oriented programming [6] (ROP)-type attack where execution flow is redirected. Intel’s Processor Tracing [7] functionality is used by a monitor application that interfaces closely with the JIT compiler of the target application to prevent backward branching in unrolled loops and other restricted program modules.

II. PROBLEM SPECIFICATION

A. Background

The following paragraphs provide a brief background to the concepts built upon in this work.

LLVM and Clang: The LLVM compiler framework [8] is a tool-chain of modular components to analyze, optimize, compile, and execute programs via a standardized byte-code intermediate-representation (IR). Front-ends parse an input language, construct an abstract syntax tree (AST), and emit LLVM IR, which then can leverage the existing optimization passes, a cross-platform JIT engine, and static analysis tools to allow for rapid compiler development. One such front-end parser for the C and C++ programming languages is Clang, which transforms source files into an LLVM AST for generation of IR, bit-code, or binaries to be run natively on a target platform.

Once an input program has been converted to LLVM IR, there are a number of tools and libraries that can then be used to optimize the IR for faster execution or smaller memory footprint. Of interest to us is the Pass, a construction for modules that can navigate the AST either for analysis or modifications. Passes provide a powerful API for the program’s AST and can specify which AST elements to inspect or modify: viz., loops, functions, modules, etc. Typically, passes are used during compile-time, however, in order to leverage the run-time semantics available to more narrowly bound loop execution, the JIT engine is able to perform transformations just prior to execution. After the run-time modifications, the JIT engine will generate the machine code for that function or module and execute it.
**Moka Findings:** As presented in [3], we have found that loops that require unknown or absent bounds on termination are exceedingly rare, with such loops highly focused in areas dispatch loops for events, UI and scheduling. Our final findings for the Linux 4.4 kernel (x86) was that only 11.2% of loops in the kernel were not provably terminating. Considering the complexity required of a kernel to schedule tasks and handle events, application code may have even fewer of such unbounded loops. In this light, we deemed the usage of the restricted computational environment productive and with a broad applicability.

**Intel Processor Tracing:** Intel Processor Tracing (PT) [7] is a new execution tracing feature implemented with hardware facilities in the latest Intel CPUs. It is similar to the Branch Trace Store (BTS) mechanism implemented in Pentium 4 and later processors with a few key differences. Notably, Intel PT provides low-overhead capture of program flow making it suitable for production builds of most applications. The trace records are more detailed than BTS and consist of packets that represent different types of execution branches that can be used to reconstruct a complete execution flow.

**Return-Oriented Programming:** ROP is used commonly in environments where the program stack and data memory is marked as non-executable. This attack is a type of “weird-machine” in which the execution flow through a program is rerouted to express the attacker’s semantics instead of the developers. A target application is mined for existing “gadgets” that perform some of the semantic building blocks needed to implement the attacker’s shellcode. These gadgets are then chained together by filling the vulnerable program’s stack with return addresses pointing to the gadgets (typically ending in a RET instruction), allowing the attacker to reuse the existing instructions in a different order. These gadget addresses can be thought of as an assembly language to be executed within the ad hoc virtual machine environment emergent from the vulnerable application.

**B. LangSec-inspired Challenges**

LangSec highlights the risks involved with parsing input into a program’s internal type-system and demonstrates how a poorly designed or implemented parser creates a risk of unintended computations. The theory goes further and calls for input languages to be as restricted as possible, urging programmers to utilize the minimum amount of computational expressiveness necessary to validate inputs. This paper specifically examines the feasibility for a compiler tool-chain to automatically incorporate these restricted computational environments into general purpose applications—yielding safer programs.

**III. APPROACH**

To identify every loop at run-time as terminating or not is equivalent to the Halting Problem [9] — determining whether or not a general algorithm (equivalent to a Turing Machine) will halt on the given input. The scope of this effort is such that perfect coverage is not expected, instead Ristretto will focus on protecting the regions of a program that are provably sub-Turing complete (i.e., in the Walter Recursion complexity class [10]).

**A. Compile-Time Function Identification**

Ristretto will rapidly classify a large number of components with an LLVM pass developed for [3] that marks every function as a candidate for run-time protections that either: does not contain any looping construct, or only contains looping constructs that fall within the bounds of Walter recursion — meaning termination is provable. These loops may already be candidates for unrolling during optimization or have fixed bounds. Those loops with defined bounds are marked for JIT unrolling, as in many cases the bounds are MAX_INT without additional run-time semantics.

**B. JIT Loop Unrolling**

During the execution of the protected application, when a region of the program that has been identified as provably bounded is reached a run-time algorithm is used to determine a more narrow bound on loop iterations before unrolling the loop into machine code for that execution. At the boundaries of the this unrolled region of machine code, a synchronization function is embedded to alert the PT monitor that branches to lower addresses (i.e., backwards) should be trapped on.

Within LLVM, this requires the “hoisting” of the loop into a separate function and module in order to prevent the JIT-compiled machine code from being cached and reused on future executions where the loop bounds may be different. In essence, the target loop is moved to an anonymous function in a temporary module, with the references to local and global variables updated to point to the context of the original function. At this point, the run-time loop bounds can be calculated using the induction variable and the values at loop entry. As the function identification step in Section III-A only marks loops that are known to terminate within at least MAX_INT iterations, the JIT engine will only operate on loops where the run-time information is sufficient to determine the back-edge count.

**C. Forward-only Enforcement**

A run-time mechanism implemented with Intel PT can be used to identify deviations from expected execution flow and to terminate the offending process. Expected execution flow for many functions is determined by LLVM passes at compile time or with the JIT loop unroller. Unrolled functions can be expected to have a unidirectional execution flow for many functions is determined by LLVM passes at compile time or with the JIT loop unroller. Unrolled functions can be expected to have a unidirectional execution flow

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1This included counting all the schedulers when only one is actively executed at a time
2Skylake and newer micro-architectures
flow and thus should not be the source of branches that
decrease the instruction pointer. Such functions are framed
with calls to an Intel PT library to trace the execution and
parse the recorded execution flow.

Return instructions that redirect execution to a caller at
a lower address can also be accommodated by saving the
expected return address when the trace starts. Asynchronous
observation of the trace capture provides an indication of any
deviations from expected program flow, triggering process
termination.

Any attacks against a function protected by Ristretto
must depend on forward-only branches that do not utilize
return instructions (or sequences of instructions that perform
similar semantics) in order to succeed, limiting the attacker
to a weaker class of computational complexity. Ristretto
provides the same level of power reduction on the attacker
regardless of specific attack class including: ROP, stack-
based buffer overflow, or even a code injection attack
allowing the attacker to completely rewrite the code of a
protected region.

IV. EXPERIMENT SETUP

Due to the on-going nature of this research report, we are
unable to provide detailed results about the execution and
performance of the Ristretto system as a whole. In lieu of
these results, a study was performed to measure the impact
on a ROP attack if the attacker is constrained to execute the
gadget chains in a forward-only environment—one in which
gadget reuse is forbidden. Additionally, a basic performance
study on Intel PT is included for a rough projection of the
run-time overhead.

In order to evaluate the potential security improvements
afforded by the Ristretto environment, an empirical analysis
was performed on the impact of forward-only execution on
an example attack class: ROP. The tool Ropper [11] was used
to find ROP chains in the target binaries to perform selected
attacks. Ropper was then modified to only form chains of
gadgets in ascending memory order—simulating execution
in a forward-only environment. While there are weaknesses
to this approach due to the loop unrolling performed in the
JIT engine allowing for limited reuse of gadgets, most of
the gadgets are selected from the libraries or other program
functions and not within the function itself.

A. Results and Discussion

As this is a research report on an on-going effort, the
results are not complete. Only the findings of the modified
Ropper tool and the Intel PT overhead studies will be
described until further development and testing is completed.

1) Ropper Analysis: Ropper was tasked with finding a
gadget chain for the following attacks:

- `execve("/bin/sh")` attack to execute a shell
  within the vulnerable process

- `mprotect` attack to weaken the memory protections
  for a Linux application to ease exploitation

- `VirtualProtect` attack to weaken the memory pro-
  tections for a Windows application to ease exploitation

Each of these were tested in both 32-bit and 64-bit modes.
For the Linux-based attacks, the following two targets were
used:

- Statically-linked `libc` (Appendix B provides an exam-
  ple ROP chain for the `execve` attack against a 64-bit
  `libc`)

- Dynamically-linked `mysql` chosen due to its larger
  application size at between 200-245 MB depending on
  architecture

The Windows-based attack (VirtualProtect) was
attempted against the below two targets:

- Microsoft’s `cmd.exe`
- Cygwin’s `bash.exe`

The initial findings show that in all cases, Ropper is able
to find one or more valid ROP chain of gadgets within the
target. When Ropper was restricted to only search for chains
adhering to the forward-only model, it was unable to gener-
ate a chain for any attack × target × architecture. With this
preliminary findings, we are optimistic that ROP-type attacks
will be significantly hampered by the Ristretto compile- and
run-time protections in addition to other attack classes by
fundamentally restricting their computational power.

2) Ristretto Weaknesses: Ristretto aims to operate on
unmodified applications that may be designed and developed
in such a manner to be vulnerable to a wide range of
attacks without changing the underlying program seman-
tics. As such there are notable limitations to the security
protections afforded by an automatic compiler and run-time
monitor solution. Primarily of note is the lack of protections
against attack on program regions with loops that cannot
be automatically classified as within the Walther recursion
class—a likely vulnerable target due to their complexity.
Once an attacker is able to exploit a vulnerability in one of
these unprotected regions, there are no checks performed and
arbitrary attacks can be executed. The developed test-suite
includes many adversarial cases designed to bypass Ristretto,
including self-modifying code that changes loop semantics
during execution, or cross-modifying multi-threaded appli-
cations that make enforcement extremely challenging.

Another weakness could be the memory usage and perfor-
ance of performing JIT unrolling for each loop, especially
those with a large number of iterations (e.g., a timer loop).
In these scenarios, the impact on execution may be too great
and would cause instability.

In order to gain a sense of the performance overhead that
the Intel PT monitoring thread will impose on the target
application, a CPU-bound test program was developed to
compute an approximation of $\pi$ using an inefficient power-
series definition (see Appendix A for source). This program
was run both with and without Intel PT monitoring its branching patterns, but not preventing backward jumps as the loop was not unrolled; the performance impact (Table I) was approximately 5%. Each test was executed ten times with differing numbers of iterations to determine if there is a constant overhead for PT.

During the testing phase of this effort, loops of various sizes will be tested with many large bounds on iterations in order to measure if the performance becomes untenable. In such a situation, a sufficiently large number of unrolled iterations could be divided and the PT monitoring loop apprised to allow a fixed number of backward branches from the end of the unrolled loop to the beginning.

V. CONCLUSION

The ongoing Ristretto effort aims to measure the feasibility of developing general purpose applications with a closer eye towards the computational complexity of each component. By automatically identifying regions of code that are provably terminating and enforcing that termination bound, it is hypothesized that vulnerabilities could be mitigated. Through the use of a restricted execution model, software safety can be increased to reap the benefits of a LangSec-inspired approach without redesign or development. Future research and development aims to net performance and real-world security metrics for the consideration of the practical deployment of the Ristretto compiler tool-chain in a production environment.

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REFERENCES


APPENDIX A.

π CALCULATION ALGORITHM

```
int iterations = 0, i;
float result = 0.0;
for (i = 0; i <= iterations; ++i) {
    /* Pi approximation: Sum from i->infinity of (-1)^i)/(1+(i^2)) */
    if (0 == (i%2)) // intentionally sloppy to slow up calculation
        result += ((float)1)/((float)(1+(i*2)));
    else
        result -= ((float)1)/((float)(1+(i*2)));
}
```

Figure 1. Loop to approximate π with power series

APPENDIX B.

EXAMPLE ROPPER OUTPUT

The below is an example of Ropper’s output when it is successfully able to generate a chain of gadgets to perform the attack semantics:

3 Any opinions, findings and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the United States Air Force.
Table I

<table>
<thead>
<tr>
<th>Number of iterations</th>
<th>Real time without tracing (mean)</th>
<th>Real time with tracing (mean)</th>
<th>% overhead</th>
</tr>
</thead>
<tbody>
<tr>
<td>900,000,000</td>
<td>5.2523s</td>
<td>5.5164s</td>
<td>5.02%</td>
</tr>
<tr>
<td>1,800,000,000</td>
<td>10.5108s</td>
<td>11.0167s</td>
<td>4.81%</td>
</tr>
</tbody>
</table>

**Figure 2. Ropper output for execve attack against a 64-bit libc**